

HIKING IN OMAN

TRIP AVAILABLE IN	JANUARY - FEBRUARY - NOVEMBER - DECEMBER
TRIP DURATION	12 Day
STARTING PLACE	Muttrah
FINISHING PLACE	Muttrah
DIFFICULTY LEVEL	Level 3 <i>Tours which can include full-day hikes (up to 800 elevation gain) and not too difficult aquatic hikes.</i>

PRICE PER PERSON							
<i>Number of Guests</i>	2	3	4	5	6	7	8
<i>Price per person in OMR</i>	1300	1000	960	900	850	800	760
<i>Price per person in USD</i>	3403	2618	2513	2356	2225	2094	1990

STAFF FOR THE TRIP	<p>from 1 to 3 Guests</p> <ul style="list-style-type: none"> 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 12 1 Driver from Day 1 to 9 <p>from 4 to 4 Guests</p> <ul style="list-style-type: none"> 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 12 1 Driver from Day 1 to 9 1 Driver from Day 9 to 9 1 Driver from Day 1 to 1 1 Driver from Day 2 to 2 1 Driver from Day 3 to 3 1 Driver from Day 4 to 4 <p>from 5 to 8 Guests</p> <ul style="list-style-type: none"> 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 12 1 Driver from Day 1 to 12 1 Driver from Day 9 to 9 1 Driver from Day 1 to 1 1 Driver from Day 2 to 2 1 Driver from Day 3 to 3 1 Driver from Day 4 to 4
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Cooking during bivouacs is performed by the whole team

TRANSPORTATION	<p>from 1 to 3 Guests</p> <ul style="list-style-type: none"> 1 4WD Car from Day 1 to 12 <p>from 4 to 4 Guests</p> <ul style="list-style-type: none"> 1 4WD Car from Day 1 to 9 1 4WD Car from Day 1 to 12 <p>from 5 to 8 Guests</p> <ul style="list-style-type: none"> 2 4WD Car from Day 1 to 12
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PRICES INCLUDE	<p>Transportations mentioned above</p> <p>Petrol</p> <p>Staff mentioned above</p> <p>All excursions and entrance fees mentioned in the program</p> <p>Breakfast on days..... 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12</p> <p>Lunch on days..... 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12</p> <p>Dinner on days..... 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11</p> <p>Water</p> <p>All overstay mentioned in the program on a double occupancy base, unless differently written in the trip program</p> <p>Single extra : 44 OMR (114 USD) Concerns following nights 2, 3, 9</p> <p>Triple Room Discount : -20 OMR (-52 USD) Concerns following nights 2, 9</p> <p>Camping Equipment (dome tents for 2 people, comfortable mattress, matt, crockery, cooking equipment)</p>
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PRICES DON'T INCLUDE	<p>Personal Expenses</p> <p>Drinks between meals</p> <p>Breakfast on days..... 13</p> <p>Dinner on days..... 12</p> <p>Transportation to starting place and from finishing place of the trip</p> <p>Eventual additional nights before or after the trip</p> <p>Tips for local team</p>
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WHAT YOU HAVE TO BRING	<p>Personal first aid</p> <p>Sun protection and insect repellent</p> <p>Sandals</p> <p>Sleeping Bag</p> <p>Headlight</p> <p>Toilet paper</p> <p>Light clothes</p> <p>Warmer clothes (jacket and trousers)</p> <p>Hiking boots and socks</p> <p>Walking sticks (optional : it can help you on some itineraries)</p> <p>Hiking bag (20-30L)</p> <p>Swimming suit (and maybe shoes to go to the water if you don't like walking on rocks)</p> <p>For Canyoning and Aquatic Hiking</p> <p>Sport shoes which you will use in the water</p> <p><i>During winter months we provide you short wetsuits</i></p>
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ADVICE FOR TREKKERS	<p>Oman is a mountainous arid country. All the paths are rocky and some are steep. Unless you are a experimented mountainer, or you are specialty at ease in rocky terrains, it would be a good idea in Oman that you choose a level of difficulty a little under what you usually manage to do. You will still be able to see wonderful places and to perform very nice trekkings, but this will just prevent you from suffering and thus not enjoying your trip.</p>
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ADVICE ABOUT THE GOOD WAY OF CLOTHING	<p>Oman is a muslim country in which islam is strict but very open-minded and tolerant. You'll never see an Omani pointing out the way of clothing or behaving of a tourist. But all of them will appreciate to see that you try to adapt. FOR WOMEN : bring trousers or short trousers and t-shirts covering shoulders, as well as a t-shirt (and maybe a short) for swimming. Obviously, when we are alone in remote areas you can dress as you like. FOR MEN : bring trousers or long shorts. FOR ALL : bring a pareo or big towel to change your clothes, since nudity is not admitted... tatoos should also be covered.</p>
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